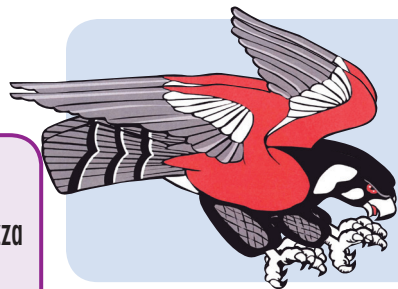


Minford High School 2018-2019 Menu



LUNCH PRICES

9-12	\$3.00
Reduced	\$.40
Adult	\$3.50
Extra Milk	\$.40
Adult Extra Milk	\$.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Chicken Nuggets or Grilled Cheese Sandwich Chili Cheese-It'z	Beefy Nachos/Cheese or Pepperoni Calzone	French Bread Pizza or Mac-N-Cheese Chicken Nuggets/Roll	Chicken Drumstick or Country Fried Steak Roll Cocoa Bar	Cheeseburger or Buffalo Chicken Pizza

MENU #2	Pepperoni Pizza or Cheeseburger on Bun/ Pickles	Chicken Tenders Roll/Margarine or B.B.Q. Sandwich	B.B.Q. Chicken Pizza or Ham-N-Cheese Sandwich	Chicken-N-Noodles Biscuit/Margarine or Salisbury Steak/Gravy Biscuit/Margarine	Spicy Breaded Chicken Sandwich or Corn Dog Honey Maid Grahams
---------	---	---	--	---	--

MENU #3	Cheesy Garlic Bread/Sauce or Honey B.B.Q. Rib Cheez-its	Taco-N-Bag/Salsa or Hamburger on Bun/ Pickles	Egg Omelet/Biscuit/Gravy or French Bread Pizza	Chicken Nuggets Roll/Margarine or Country Fried Steak/Gravy Roll/Margarine	Cheeseburger on Bun/ Pickles or Chicken Fajita Wrap Sour Cream
---------	---	---	---	---	---

MENU #4	Pepperoni Pizza or Breaded Chicken Sandwich Goldfish Crackers	Johnny Marzetti or Chicken Tenders Twisted Garlic Breadstick	Buffalo Chicken Pizza or Turkey Sandwich	Asian Chicken or Salisbury Steak Roll/Margarine Cocoa Bar	Cheeseburger on Bun/ Pickles or Popcorn Chicken Roll/Margarine
---------	--	--	---	--	---

OFFERED DAILY

Vegetables Fresh Veggies/Ranch Veggie Juice Dragon Punch Fruit & Juice/Variety of Milk	Steamed Corn Variety of Beans Fruit & Juice Variety of Milk	Broccoli/Cheese Garden Salad/Dressing Fruit & Juice Variety of Milk	Whipped Potatoes Seasoned Green Beans Fruit & Juice Variety of Milk	Sweet Potato Puffs Steamed Mixed Vegetables Fruit & Juice Variety of Milk
---	--	--	--	--

- A lunch meal consists of 5 components: an entrée, which is 2 components (protein and whole grain), fruit, vegetable, and milk. Students must select at least 3 components one of which must be either a fruit or a vegetable.
- Menus are subject to change without notice due to availability of foods and unplanned school closings.
- Free and Reduced Lunch applications are accepted all year and can be obtained from the school office or cafeteria.
- Students may be allowed to charge their meal if they forget their money or if account balance is low. However, there are charge limit guidelines. Please refer to the Minford Local School District webpage for Meal charge guidelines.

Two Ways to Prepay For Lunches!!!

1. You may track your child's account balance and make online meal payments at www.paypams.com. You will need your child's student ID number to access the account. Please allow 2 business days for money to reach the account. Refer to Minford Local School District webpage for step by step paypams information.
2. You may pay by cash or check at the point of sale, or you may mail a check or money order to:
Minford Local School c/o Sharon Hardyman,
P.O. Box 204 Minford, Ohio 45653. (please include student full name or ID number on the check).

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S 1 2 3 4	S M T W T F S 1	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3	S M T W T F S 1	S M T W T F S 1 2 3 4 5	S M T W T F S 1 2	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3 4
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31