

Minford Local Schools

August

Cafeteria Menu



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|--|---------|--|-----------|--|----------|---|--------|---|
| 1 | | 2 | | 3 | | 4 | | 5 | |
| 8 | | 9 | | 10 | | 11 | | 12 | |
| 15 | | 16 | | 17 | | 18 | | 19 | |
| 22 | | 23 | | 24 | Breakfast Assorted Cereal Fruit, Yogurt or String Cheese Lunch Mini Corndogs Sweet Waffle Fries Fruit | 25 | Breakfast Mini Waffles Fruit, Yogurt or String Cheese Lunch Beef Stew, Mashed Potatoes Green Beans Roll, Baked Apples | 26 | Breakfast Sausage/Pancake on a Stick Fruit, Yogurt or String Cheese Lunch Cheese Sticks/Marinara Sauce Side Salad Fruit |
| Second Lunch Option: Uncrustable | | | | | | | | | |
| 29 | Breakfast Cinnamon Roll Sausage Links, Fruit Lunch Popcorn Chicken Baked Beans, Roll Side Salad, Fruit | 30 | Breakfast Whole Grain Donut Scrambled Eggs, Fruit Lunch Rolled Tacos, Black Beans Lettuce, Tomatoes, Salsa Fruit | 31 | Breakfast Assorted Cereal Fruit, Yogurt or String Cheese Lunch Hot Dog w/Meat Sauce Sweet Potato Tots Broccoli w/Cheese, Fruit | | | | |
| Second Lunch Option: Chicken Patty Sandwich | | | | | | | | | |

| 2022-2023 Meal Prices | | |
|-----------------------|-----------|--------|
| Category | Breakfast | Lunch |
| PK - 8 | \$1.85 | \$2.85 |
| 9 - 12 | \$2.10 | \$3.10 |
| PK-12 | \$0.30 | \$0.40 |
| Adults | \$2.75 | \$3.75 |
| Extra milk | \$0.40 | \$0.40 |

Meals include:

- Whole-Grain Wheat Ingredients
- 1% Low-Fat or Fat Free Chocolate Milk
- Fruit and/or 100% Fruit Juice

Meal Requirements:

Meals comply with USDA meal requirement standards. Students must take minimum components of fruit or vegetables. Grades 6-8, 9-12 may be offered additional items in order to meet the requirements.

Food Allergies:

Students with food allergies must have a **Diet Order Form** on file every school year

Menus are subject to change without notice due to inclement weather and/or supply shortages.

This Institution is an Equal Opportunity Employer