

Minford Local Schools

December

Cafeteria Menu



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | | | | | |
|------------------------------------|---|---------|---|------------------|--|--|---|--|---|------------------|------------------|----|------------------|--|
| | | | | | 1 | Breakfast Cereal Yogurt, Fruit Lunch Salisbury Steak w/Gravy, Mashed Potatoes, Roll Green Beans, Fruit | 2 | Breakfast Mini Waffles, Fruit Lunch Cheese Sticks w/Marinara Side Salad, Veggie Juice, Craisins, Fruit | | | | | | |
| Second Lunch Option: Hamburger | | | | | | | | | | | | | | |
| 5 | Breakfast Cereal, String Cheese, Fruit Lunch Chicken Tenders, Baked Beans, Veggie Cup, Fruit | 6 | Breakfast Mini Pancakes, Fruit Lunch Pasta w/Meat Sauce, Side Salad, Roll, Fruit | 7 | Breakfast Cinnamon Breakfast Bun, Fruit Lunch Sloppy Joes, Veggie Cup, Fries, Fruit | 8 | Breakfast Cereal, Yogurt, Fruit Lunch Meatloaf, Mashed Potatoes, Roll, Green Beans, Fruit | 9 | Breakfast Strawberry Cream Cheese Bagel Stix, Fruit Lunch Pizza Bagels, Mac&Cheese, Broccoli, Veggie Juice, Fruit | | | | | |
| Second Lunch Option: Hot Dog | | | | | | | | | | | | | | |
| 12 | Breakfast Cereal, String Cheese, Fruit Lunch Chicken Nuggets, Veggie Cup, Roll, Fruit | 13 | Breakfast Cinnamon Toast Crunch Pocket, Fruit Lunch Beefy Nachos w/Cheese, Lettuce, Tomatoes, Beans, Salsa, Fruit | 14 | Breakfast Toast w/Jelly, Scrambled Eggs, Fruit Lunch Breaded Chicken Sandwich, w/Lettuce & Pickles, Fries, Fruit | 15 | Holiday Meal Breakfast Cereal, Yogurt, Fruit Lunch Ham or Fried Chicken Mashed Potatoes, Green Beans, Roll, Fruit | 16 | Breakfast French Toast, Fruit Lunch Pepperoni Pizza, Glazed Carrots, Fruit, Veggie Juice | | | | | |
| Second Lunch Option: Uncrustable | | | | | | | | | | | | | | |
| 19 | Breakfast Cereal, String Cheese, Fruit Lunch Asian Chicken, Broccoli, Fortune Cookie, Veggie Juice, Fruit | 20 | 2-Hr Early Dismissal Breakfast Pancake Wrapped Sausage, Fruit Lunch Taco Stick Side Salad, Corn Fruit | 21 | No School | | 22 | No School | | 23 | No School | | | |
| Second Lunch Option: Cook's Choice | | | | | | | | | | | | | | |
| 26 | No School | | 27 | No School | | 28 | No School | | 29 | No School | | 30 | No School | |

| 2022-2023 Meal Prices | | |
|-----------------------|-----------|--------|
| Category | Breakfast | Lunch |
| PK - 8 | \$1.85 | \$2.85 |
| 9 - 12 | \$2.10 | \$3.10 |
| Reduced-Price | \$0.30 | \$0.40 |
| Adults | \$2.75 | \$3.75 |
| Extra milk | \$0.40 | \$0.40 |

Meals include:

- Whole-Grain Wheat Ingredients
- 1% Low-Fat or Fat Free Chocolate Milk
- Fruit and/or 100% Fruit Juice

Meal Requirements:

Meals comply with USDA meal requirement standards. Students must take minimum components of fruit or vegetables. Grades 6-8, 9-12 may be offered additional items in order to meet the requirements.

Food Allergies:

Students with food allergies must have a Diet Order Form OR a note from his/her doctor on file with the Food Service Director. Forms can be found on the district website at <https://www.minfordfalcons.net>

Menus are subject to change without notice due to inclement weather and/or supply shortages.