

# Minford Local Schools

## February

K-12 Cafeteria Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	<b>Breakfast</b> Cinnamon Pretzel Sticks, Scrambled Eggs, Fruit <b>Lunch</b> BBQ Pulled Pork Sandwich, Veggie Cup, Pasta Salad, Fruit	2	<b>Breakfast</b> Cereal, Yogurt, Fruit <b>Lunch</b> Chicken & Noodles, Green Beans, Roll Fruit	3	<b>Breakfast</b> Oatmeal Breakfast Cookie, Yogurt, Fruit <b>Lunch</b> Cheese Stuffed Breadsticks, Side Salad, Veggie Cup, Fruit
Second Lunch Option: Cook's Choice									
6	<b>Breakfast</b> Cereal, String Cheese, Fruit <b>Lunch</b> Chicken Tenders Baked Beans, Veggie Cup Fruit	7	<b>Breakfast</b> Pancakes w/syrup, Fruit <b>Lunch</b> Pasta w/Meat Sauce Side Salad, Dinner Roll, Fruit	8	<b>Breakfast</b> Cinnamon Breakfast Bun, Fruit <b>Lunch</b> Sloppy Joes Tator Tots, Cole Slaw, Fruit	9	<b>Breakfast</b> Assorted Cereal Yogurt, Fruit <b>Lunch</b> Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit	10	<b>Breakfast</b> Waffles w/Syrup, Fruit <b>Lunch</b> Pizza Bagels Bites, Mac&Cheese, Broccoli, Veggie Cup, Fruit
Second Lunch Option: Hot Dogs									
13	<b>Breakfast</b> Cereal, String Cheese, Fruit <b>Lunch</b> Chicken Nuggets, Veggie Cup, Roll, Baked Beans, Fruit	14	<b>Breakfast</b> Cinnamon Toast Crunch Pocket, Fruit <b>Lunch</b> Beefy Nachos w/Cheese, Lettuce, Tomatoes, Beans, Salsa, Fruit	15	<b>Breakfast</b> Toast w/Jelly, Scrambled Eggs, Fruit <b>Lunch</b> Breaded Chicken Sandwich, w/Lettuce & Pickles, French Fries, Fruit	16	<b>Breakfast</b> Cereal, Yogurt, Fruit <b>Lunch</b> Fried Chicken, Mashed Potatoes, Green Beans, Roll, Fruit	17	<b>Breakfast</b> French Toast, Sausage Links, Fruit <b>Lunch</b> Pepperoni Pizza, Sweet Potato Fries, Fruit, Veggie Juice, Cookie
Second Lunch Option: White Cheddar Macaroni & Cheese									
20	<b>No School</b>	21	<b>Breakfast</b> Oatmeal Breakfast Cookie, Turkey Bacon, Fruit <b>Lunch</b> Taco Stick Side Salad, Corn Fruit	22	<b>Breakfast</b> Toast w/Jelly, Egg/Cheese Omelet, Fruit <b>Lunch</b> Cheesburger w/Lettuce, Tomatoes & Pickles, Tater Tots, Baked Beans, Fruit	23	<b>Breakfast</b> Cereal, Yogurt, Fruit <b>Lunch</b> Chili w/Grilled Cheese or PB&J Uncrustable, Veggie Cup, Fruit	24	<b>Breakfast</b> Blueberry Muffin, Sausage Links, Fruit <b>Lunch</b> French Bread Pizza, Side Salad, Sweet Potato Fries, Fruit, Cookie
Second Lunch Option: Hamburger									
27	<b>Breakfast</b> Cereal, String Cheese, Fruit <b>Lunch</b> Grilled Chicken, Redskin Potatoes, Broccoli, Roll, Fruit	28	<b>Breakfast</b> Cheese and Egg Bagel, String Cheese, Fruit <b>Lunch</b> Beefy Nachos w/Cheese, Lettuce, Tomatoes, Beans, Salsa, Fruit						
Second Lunch Option: Mini Corn Dogs									

Category	Breakfast	Lunch
PK - 8	\$1.85	\$2.85
9 - 12	\$2.10	\$3.10
Reduced-Price	\$0.30	\$0.40
Adults	\$2.75	\$3.75
Extra milk	\$0.40	\$0.40

*All Meals include:*

- Whole-Grain Wheat Ingredients
- 1% Low-Fat or Fat Free Chocolate Milk
- Fruit and/or 100% Fruit Juice

*Meal Requirements:*

Meals comply with the USDA meal requirement standards. Students must take minimum components of fruit or vegetables. Grades 6-8, 9-12 may be offered additional items in order to meet the requirements.

*Food Allergies:*

Students with food allergies must have a Diet Order Form OR a note from his/her doctor on file with the Food Service Director. Forms can be found on the district website at <https://www.minfordalcons.net>

*Online Free and Reduced-Price Meal Applications:*

<https://mealapp.lunchtimesoftware.net/>

*School Payment Portal:*

<https://schoolpaymentportal.com/Default.aspx>

Menus are subject to change without notice due to inclement weather and/or supply shortages.

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